

NAME OF GROUP	<b>CYCLING</b>
OBJECTIVE	To enjoy the fun of cycling in a group,
CONTACT PERSON	See newsletter
WHO CAN JOIN	Any member of Westleigh Probus who has a bike (traditional or e-bike) and has the enthusiasm to ride
WHEN DOES THE GROUP MEET	1st Thursday of each month – except for January
VENUE	Various. Riders must get their bike to the start of the ride.
CONDITIONS FOR JOINING	A bicycle in good working condition and be fit enough for a fairly flat 1-to-2-hour ride
COSTS INVOLVED	On the day of the ride the main cost is for coffee and snack if needed. BYO picnic lunch. Transport to the start of the ride is normally by own car. The bike must be maintained.
SNACKS	Coffee during ride.
EQUIPMENT NECESSARY	Helmet is mandatory. Cycling gear and sunscreen. Riders must carry all food and fluid they need for the ride.
SKILLS REQUIRED	Ability to ride a bike.
NOTIFICATION TO PARTICIPANTS	Newsletter and email
SPECIAL CLOTHES	Appropriate cycling gear
MOBILITY ACCESS	n/a
FURTHER INFORMATION.	Contact the Activity leader

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